## Taken from a lengthy interview



## 2010 Interview - Sai Baba Discusses 2012

"This change on the magnetism translates or it's perceived as an increment of light, or an increase on the planet's vibration. For you to understand it easily, you must know that this vibration is affected and intensified due to the consciousness of all human beings. Each thought, each emotion, each new awakening of a human being towards the consciousness of God elevates the vibration of the planet. This might seem a paradox, due to the fact that the majority sees around themselves more hatred and misery, but this is not so.

There are many, even if I would like them to be more, that are trying to get out of darkness to grow and become a better Son of God. I have been saying this on previous messages, each one chooses where to focus the view, and those who only see the darkness are focused on the drama, the pain and the injustice. If you don't see the spiritual advancement that humanity has made it is because you haven't focused on it, but if you do the right work and liberate your mind of the negative you will open a space where you will be able to manifest your divine essence that will put on the focus of what is really happening with humanity and the planet.

Humanity is elevating its consciousness as never before."
Reporter asks: "But how!...Can't you see the darkness?"
"Yes, I see it, but I don't identify Myself with it, I'm not afraid of it...How can I fear darkness if I see such clear light?...Of course I understand those who fear, because I have also been standing where I could only see the evil. This is why now I feel love for all of that. Darkness it's not a force contrary to the light, it is absence of light. You cannot invade the light with darkness, that is not how the principle of light works. Fear, drama, injustice, hate and sadness only exist in states of darkness, because you can't see the global context in which your life develops, and the only way to see from the light when you are there is through faith. Once you have increased your vibration and frequency (state of consciousness) you

will be able to see towards darkness and understand what you have lived."

Reporter asks: "But...How can You say this if there is more evil in the world everyday?"

"There is not more evil...there is "more light", and that is what I'm talking about on this message. Imagine that you have a room or warehouse where for years you have been storing your things and is lit by a 40 w. bulb. Change the bulb to a 100 w. and you will see what happens. You will see the mess and the dust you didn't think existed. The dirt will be clearer. This is what is happening, and this makes possible that a lot of people are reading this without thinking of it as foolish, like it could have been some years ago.

Have you noticed that today lies and deceit come to the surface faster than before? Well, to access God's understanding and life's functioning is also faster than before.

This new vibration of the planet is what is making everyone nervous, depressed or sick, because to be able to receive more light and to rise to that vibrational level, people have to change physically as well as mentally, they have to change the way they think and feel, and delete or eradicate from their lives such beliefs or parameters that generally differ from reality or that take them towards the negative side of things.

You must put your warehouses in order, because each day you are receiving more light on your consciousness and even if you want to avoid it, you should start putting your hands on the project and start the cleaning or decide to live in the middle of the dirt.

This change creates physical discomforts, pains on the body, on the skeleton system and most of the time; the medical tests can't find the reason or illness that provokes it. Generally they relate it with stress or nervous states; nothing farther from the truth, because these discomforts are provoked due to negative emotions accumulated during our lives, fears and anxieties that you have carried with you always and that now have the opportunity to transcend and transmute. It's about that dust accumulated for years that you are now seeing, for it to be cleaned.

There will be nights when you will wake up and stay up for a few hours...don't alter yourself, read a book, watch TV, meditate, don't fight thinking there is something wrong with you, it's the new vibration of the planet that you're assimilating, you will go back to sleep and the next day you will not feel a need to sleep more. If you

don't flow with this process properly, the pains will be more intense and you will be diagnosed fibromyalgia, which is a name that medicine has given to these pains that have no visible cause and for which they offer no treatment with concrete results, they only give you a prescription for antidepressants and this makes you escape the opportunity to change your life.

One more time you chose which reality you want to live, only this time the drama will be more intense and of course will be the love. If the Light is increased, also is the lack of need for it, this explains why there is so much irrational violence during the last years.

We are living the best time that humanity has ever lived, we will be witnesses and actors of the biggest transformation of consciousness that you have ever imagined.

Inform yourself; wake up your unrest for these subjects. Science knows that something is happening; you know that something is happening; we all know that many changes are happening in many levels. Be a conscious actor of these changes and don't let them take you by surprise because you don't know what is happening."

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